

**Youth Bible Study and Reading Series
Junior Youth Term 1 - Year 9**

Youth Studies and Notes

Jesus is Simply the Best (Part 2)

Hebrews Chapters 4:14-13

Prepared by Rowena Miers 2008
98 Wells Street East Gosford
row@davemiers.com

These studies and notes may only be used and reproduced with the permission of the author

JESUS:he's still the best!
Hebrews 5-13 ccecouth.com

Overview of these Studies

Purpose of these Studies

As we sit down to study the Bible in our G-Teams, the aim is not to get through a set of questions. The aim is to get to know Jesus better through his Word. The questions in the end are simply to help us to understand the passage and therefore know Jesus better.

2 Timothy has this to say about the Bible:

14But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it, 15and how from infancy you have known the holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus. 16All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, 17so that the man of God may be thoroughly equipped for every good work. 2 Timothy 3:14-17

Why read the Bible?

- > v15 It makes us wise for Salvation through faith in Christ Jesus.
- > v16 Because It's the very word of God
- > v17 It's useful in lots of ways.

Why study the Bible in our G-TEAMS?

- 1) So that we can know the salvation that comes by trusting in Jesus' death and resurrection.
- 2) As we read the Bible we are listening to the very voice of God!
- 3) The Bible will thoroughly equip us to live as Christians and serve God.

The Structure of these Studies

There are 4 types of questions in these studies:

Opener – these questions are a way of introducing the topic and getting people talking and interacting.

Observation – what does the text actually say?

Interpretation – what does the text mean?

Application – how does the meaning of the text apply to me?

Introduction to Hebrews

Big Idea and Overview of Hebrews

The big idea and overall theme of the letter to the Hebrews can be summarised with these words: "Jesus is Simply the Best".

Hebrews is a letter written to a group of first Century Christians from a Jewish cultural background. Having heard and responded to the truth of the gospel these Christians through experiencing persecuting where being tempted to return to their old religious practices.

The writer of Hebrews urges and encourages them to reject the temptation to revert to religiosity but instead encourages them to hold onto Jesus as he is the only way to have salvation. The writer argues that the old ways are mere shadows of which Christ is the substance and fulfilment. Why would you go back when Jesus is SIMPLY THE BEST.

The writer of Hebrews argues his point by making a number of comparisons between Jesus and the Old Testament which can be summarised as follows:

- In the Old Testament...
 1. God spoke by the prophets
 2. The law was given to the people through Moses
 3. Relationship with God was possible through the sacrificial system

- In the New Testament...
 1. God has spoken by Jesus
 2. Salvation has come through Jesus
 3. Relationship with God is made possible through Jesus

Historical Context of the Book

Genre of writing

Hebrews is a letter from an individual to a group of people.

Author and date of writing

Little is known with certainty about the author of Hebrews. Of the authors suggested the three most worthy of mention are Paul, Apollos and Barnabas. We can say that the author was well acquainted with the Jewish religious system, that he knew his readers well and that Timothy was well known by both author and recipients. The letter to the Hebrews is generally thought to have been written around AD68.

The Recipients

From the book it is possible to conclude that the recipients of the letter are a single congregation of Jewish (Hebrew) Christians living somewhere in the Roman world (Hebrews 5:11-12, 6:9-10, 13:23-24). These Christians it seems were experiencing trials (Hebrews 10:32-34) of some sort probably at the hands of non-Christian Jews. The letter is intended to encourage them to persevere in their faith and not be tempted to back slide into observance of the Old Testament law as the basis of their salvation (Hebrews 10:32-36).

Year 9 Term 1 Study 1 - Hebrews 4:14-6:12 - Jesus, the Great High Priest

Youth Study

Overview

This passage has two distinct sections. The first section investigates Jesus' offer of salvation through his death as the payment for sin. The second section discusses what should be the attitude of Christians, where we are instructed to become mature in the things of Christ and to grow beyond the elementary teachings about Jesus.

Opener

What are some things you can remember about the book of Hebrews when you studied it last year in year 8? Write some of the big ideas down in a list.

Hebrews 4:14-5:10 - Our great high priest and saviour

O. In the table below write down what we are told about Jesus in comparison with the High Priests of the Temple.

Jesus	The High Priest

I. What conclusions can we draw about Jesus' priesthood and the effectiveness of his sacrifices in comparison to that of the temple priests? Why is Jesus' sacrifice more effective than that of the temple priests? 5:8-10

- A.** Which of the following sounds like the better deal for forgiveness of sins and offer of salvation:
- a) Trust in the temple priest who is a weak and sinful man himself but never-the-less hope that: 1) He has offered sufficient sacrifice for his own sin and that 2) He will offer adequate sacrifice for your sins too.
 - b) Trust in Jesus who while he can sympathise with us in our weakness as sinners was perfect in his obedience to God and so is the source of eternal salvation for all who trust in him.

Hebrews 5:11-6:12 - Responding to our saviour

O. What are the two types of people described in 5:12-13?

I. From 5:12-6:3 what distinguishes these two types of people? (maybe split into two groups to look at the two types of people)

A. Do you have a firm foundation of repentance from acts that lead to death? Are you ready to move onto maturity in Christ? What will this look like for you this year?

Prayer and Thanksgiving

Thank God for Jesus that he was the great high priest who brings about salvation for us. Pray that God would help you to grow to maturity in the things of Christ this year.

[trek] introduction

[trek] is a daily tour guide to help you journey into the bible. It's aims are to:

t - train you to live God's way

r - remind you God is the one who saved you, through Jesus

e - encourage you to tell others about Jesus

k - know the truth so you can't be tricked by lies

[trek] is all about journeying into the bible because it is only in the bible that God speaks to us clearly and completely. When we read the bible, we are hearing what God has to say to us today. That is a seriously special thing! So get into it

Reflections or questions I have...

[trek] instructions

To get the most out of [trek], work out a time each day when you can read the bible using [trek] for 5-10 minutes (by all means read for longer). There are 5 readings. Here's how we suggest you use [trek] each day:

- 1) Ask God to help you understand this part of the bible.
- 2) Read the part of the bible for that day.
- 3) As you think about the passage, answer the questions. (Writing may help)
- 4) Thank God & ask him to help you obey what this passage says.
- 5) Put what you've learnt into practice in your life.

NOTE: Much more can be said about each passage... you may use the "reflections or questions I have..." box for further thought.

TREK Year 9 Term 1 Week 2 - Jesus our Great Guarantee of Salvation - Hebrews 5-7:28

THE BIG PICTURE OF HEBREWS:

Who was Hebrews written to??? A bunch of Jews who became Christian
What were they warned against?? Going back to the old way of life (Judaism)

What were they encouraged to do??? Keep persevering in Jesus
Why??? Because Jesus is simply the BEST!!

THIS WEEK we meet a man named MELCHIZEDEK. Have you heard of him before? Most people probably haven't. Yet, even though he only pops up a few times throughout the whole Bible, he seems to be pretty significant and Jesus is said to be like him. It's worth spending time this week reflecting on who he is so that we can know Jesus better.

■ [trek day 1] Make your hope sure [Hebrews 5:1-6:12]

This is the passage that we looked at yesterday in our G-TEAMS.

Read Hebrews 5:1-6:12

- > What did we learn about Jesus?
- > What did we learn about being lazy as a Christian?
- > How can you pray from this passage?

Do it.

■ [trek day 2] Who the hek is Melchizedek? [Hebrews 6:13-7:28]

Read Genesis 14:1-20

This passage provides the background to Hebrews 7.

- > Why does Abraham give Melchizedek a 10th of everything?
- > Melchizedek is a king and a priest who is greater than Abraham! Why do you think the writer of Hebrews wants to tell us that Jesus is like Melchizedek?

Thank God that Jesus is greater than Abraham.

■ [trek day 3] Who the hek is Melchizedek? [Hebrews 6:13-7:28]

Read Hebrews 7:1-28

- > What is so great about Melchizedek?
- > How is Jesus' Melchizedek style priesthood different and superior to the old type of priesthood?
- > How does this affect us (v24-25)

Praise God that our great high priest Jesus can save us completely.

■ [trek day 4] Who the hek is Melchizedek? [Hebrews 6:13-7:28]

Hebrews 7:18-28

- > Make List what we can now do because of who Jesus is.

Draw near to God in confidence, pray to him in confidence, open your life to him knowing that he is able to save you completely!

■ [trek day 5] Who the hek is Melchizedek? [Hebrews 6:13-7:28]

Hebrews 7:24-25

- > How do these verse tie in with the big picture of the book of Hebrews?

At the end of the week

- > Spend time reading over Hebrews 6:13-7:28.
- > Spend time thanking God for all that he has done for us in our Priest Jesus
- > Spend time asking God that you would cling to Jesus knowing that he can completely save you

Year 9 Term 1 Study 2 - Hebrews 6:13-7:28 - Jesus, Our Great Guarantee for Salvation

Youth Study

Overview

In the bible God makes certain promises to people about the future, that they will be saved from sin and live in relationship with God. Today we are looking at why we can trust these promises God has made.

Opener

When have you made a promise to someone? Was it hard to keep? How do people try to convince someone else that they will keep their promise?

Hebrews 6:13-20 - God's promises and guarantee

O. What are the promises that God make in the OT to Abraham? (Gen 12). For us post NT how do these promises relate to us in Jesus?

God's OT promises to Abraham	
God's NT promises in Jesus	

In the Genesis 15 shows us God making an oath to Abraham that he was going to keep these promises to him through a covenant making ceremony. In the NT what happens to guarantee our salvation from our sins and hope for eternal life?

God's OT guarantee to Abraham	
God's NT guarantee in Jesus	

Hebrews 7:1-28 - Why Jesus is a suitable guarantee for our salvation

- O.** From the passage and from your own knowledge write a resume for Melchizedek and for Jesus.
- O.** What are the differences dose the passage show us between the priesthood of Jesus and the Levites?
- I.** How do these differences guarantee that Jesus death on the cross earn us salvation and hope for eternal life?

Hebrews 7:11-28 - Why our salvation is guaranteed in Jesus

- I.** v25 says that Jesus always intercedes for us. What does this mean? (see also Romans 8:26,27,34, John 17:20ff, Heb 2:17,18, Heb 4:15, 1 John 2:1-2)
- I.** Why can Jesus intercede for us?
- A.** How should we respond to Jesus as he has interceded for us?

Prayer and Thanksgiving

Thank God that we can trust that Jesus death on the cross is the full payment for our sin as he was the perfect sacrifice that can bring us back into relationship with God.

[trek] introduction

[trek] is a daily tour guide to help you journey into the bible. It's aims are to:

t - train you to live God's way

r - remind you God is the one who saved you, through Jesus

e - encourage you to tell others about Jesus

k - know the truth so you can't be tricked by lies

[trek] is all about journeying into the bible because it is only in the bible that God speaks to us clearly and completely. When we read the bible, we are hearing what God has to say to us today. That is a seriously special thing! So get into it.

Reflections or questions I have...

[trek] instructions

To get the most out of [trek], work out a time each day when you can read the bible using [trek] for 5-10 minutes (by all means read for longer). There are 5 readings. Here's how we suggest you use [trek] each day:

- 1) Ask God to help you understand this part of the bible.
- 2) Read the part of the bible for that day.
- 3) As you think about the passage, answer the questions. (Writing may help)
- 4) Thank God & ask him to help you obey what this passage says.
- 5) Put what you've learnt into practice in your life.

NOTE: Much more can be said about each passage... you may use the "reflections or questions I have..." box for further thought.

TREK Year 9 Term 1 Week 3 - Jesus, the Great New and Improved Covenant - Hebrews 8 - 9:10

THE BIG PICTURE OF HEBREWS:

Who was Hebrews written to??? A bunch of Jews who became Christian
 What were they warned against?? Going back to the old way of life (Judaism)

What were they encouraged to do??? Keep persevering in Jesus
 Why??? Because Jesus is simply the BEST!!

One of the things that continues to happen throughout Hebrews is Jesus being compared to the Old Testament (the High Priests, the angels, Moses + more). In each comparison, JESUS WINS HANDS DOWN!!! Why?? Because Jesus is simply the BEST! This week we are going to see how he is the Priest of New Covenant (covenant = promises God makes) and how the New Covenant is superior to the Old Testament.

■ **[trek day 1] Jesus SIMPLY THE BEST Priest [Hebrews 8:1-9:10]**

Read Hebrews 8:1-6

> What do we learn about the OT priesthood and sanctuary?

> What have we learnt so far about Jesus being "SIMPLY THE BEST"?

Thank God once again that Jesus is SIMPLY THE BEST!

■ **[trek day 2] Jesus SIMPLY THE BEST Priest [Hebrews 8:1-9:10]**

Read Hebrews 8:7-13

> What are the differences between the old and new covenant?

Give thanks to God for the forgiveness of sins he has written on our hearts.

■ **[trek day 3] Jesus SIMPLY THE BEST Priest [Hebrews 8:1-9:10]**

Read Jeremiah 31:31-34 & Ezekiel 36:24-29

> What does the Old Testament look forward to?

> Why was a new covenant required?

Thank God that his promises in the Old Testament are fulfilled in Jesus.

■ **[trek day 4] Jesus SIMPLY THE BEST Priest [Hebrews 8:1-9:10]**

Read Hebrews 9:1-10

> Sketch a drawing of what is described.

Ask God that he would help you to trust in Jesus knowing that he can fully cleanse your conscience?

■ **[trek day 5] Jesus SIMPLY THE BEST Priest [Hebrews 8:1-9:10]**

Read Hebrews 8:1-9:10

> How do these verses tie in with the big picture of the book of Hebrews?

> What parts do you find tricky?

> What questions do you have?

> How do these verses encourage you to pray?

Year 9 Term 1 Study 3 - Hebrews 8:1-13 - Jesus, the Great New and Improved Covenant

Youth Study

Overview

Jesus death on the cross was the one off sacrifice required to pay the penalty for sin and to bring hope of eternal life. No ceremony or human activity can bring salvation only trusting in what Jesus has done.

Opener

In small groups put together an ad together to sell a new product (props will be provided). Perform it for your larger group.

Hebrews 8:1-6 - Jesus simply the best priest

O. What do you know about what the Old Testament priests did? What does this passage tell us?

I. What are some differences between the Old Testament priests and their ministry and Jesus the Great High Priest and his ministry? What does this tell us about Jesus?

I. What sacrifice does Jesus offer for us? (1 Peter 2:24, Hebrews 9:26(b))

A. Have you accepted Jesus' sacrifice on the cross to pay the penalty that you deserve for your rejection of God's rule over your life (sin)?

Hebrews 8:6-13 - The failure of the old covenant

O. We learn in v6 that Jesus has a better ministry than the Old Testament priests, what else is better that he brings?

I. What do you know about covenants? What was the old covenant? (Ex 19:5,6, Ex 24:7-8, Lev 18:5)

I. What do we learn here about the effectiveness of the Old covenant to bring people into a right relationship with God?

A. Why does the passage say that the old covenant failed? Does this surprise you? Why / why not?

Hebrews 8:7-13 - The achievement of the new covenant

I. What is new about the new covenant? How are we better off?

A. Since the new covenant is not based on our works, what can we do to be part of God's offer of salvation?

Prayer and Thanksgiving

Thank God for Jesus the great High Priest who's death on the cross was the one off sacrifice to atone for sin and to bring hope of eternal life. Pray that God will help you to trust in the grace poured out for youth through Jesus and not be tempted to trust in your works or ceremonial activities for salvation.

[trek] introduction

[trek] is a daily tour guide to help you journey into the bible. It's aims are to:

- t - train you to live God's way
- r - remind you God is the one who saved you, through Jesus
- e - encourage you to tell others about Jesus
- k - know the truth so you can't be tricked by lies

[trek] is all about journeying into the bible because it is only in the bible that God speaks to us clearly and completely. When we read the bible, we are hearing what God has to say to us today. That is a seriously special thing! So get into it.

Reflections or questions I have...

[trek] instructions

To get the most out of [trek], work out a time each day when you can read the bible using [trek] for 5-10 minutes (by all means read for longer). There are 5 readings. Here's how we suggest you use [trek] each day:

- 1) Ask God to help you understand this part of the bible.
- 2) Read the part of the bible for that day.
- 3) As you think about the passage, answer the questions. (Writing may help)
- 4) Thank God & ask him to help you obey what this passage says.
- 5) Put what you've learnt into practice in your life.

NOTE: Much more can be said about each passage... you may use the "reflections or questions I have..." box for further thought.

TREK Year 9 Term 1 Week 4 - Jesus' Death for our Sins, the Greatest Sacrifice - Hebrews 9:11-10:18

THE BIG PICTURE OF HEBREWS:

Who was Hebrews written to??? A bunch of Jews who became Christian
 What were they warned against?? Going back to the old way of life (Judaism)
 What were they encouraged to do??? Keep persevering in Jesus
 Why??? Because Jesus is simply the BEST!!

After talking for the last few weeks about how much better Jesus is than the OT priests and the OT covenant, we now see this week what this means for us The forgiveness of our sins!!

■ [trek day 1] Forgiveness is yours [Hebrews 9:11-10:18]

Read Hebrews 9:11-22

- > What could Jesus death achieve that the offering of animal sacrifices could not achieve (v15)?
- > What does this show us about Jesus compared with the OT sacrificial system?

Thank God that Jesus blood pays the price of our rebellion against God!

■ [trek day 2] Forgiveness is yours [Hebrews 9:11-10:18]

Read Hebrews 9:23-38

- > Consider this: he (Jesus) entered heaven to appear for us in God's presence (v24).

Give thanks for Jesus that he bridged the gap between us and God that we might have forgiveness for our sins.

■ [trek day 3] Forgiveness is yours [Hebrews 9:11-10:18]

Read Hebrews 10:1-10

- > Check out verse 12, how many times did Jesus have to die for our sins?

Give thanks to God that Jesus sacrifice one and for all pays for your sins and the sins of all of those who put their trust in him. What an amazing God!

■ [trek day 4] Forgiveness is yours [Hebrews 9:11-10:18]

Read Hebrews 10:11-18

- > Make a list of the things we can now do because of who Jesus is.

Draw near to God in confidence, pray to him in confidence, open your life to him knowing that he is able to save you completely.

■ [trek day 5] Forgiveness is yours [Hebrews 9:11-10:18]

Read Hebrews 10:10

- > Meditate and memorise

We have been made holy through the sacrifice of the body of Jesus once for all.

Year 9 Term 1 Study 4 - Hebrews 9:11-10:18 - Jesus Death for Our Sins, the Greatest Sacrifice

Youth Study

Overview

Jesus blood shed on the cross is the superior sacrifice in that it brings about our forgiveness of sin. Jesus' blood purifies us so that we might be able to relate to God now and for eternity.

Opener

A friend of yours says, God couldn't possibly forgive me. I have done terrible things. I have ignored him and done wrong. What would you say?

Hebrews 9:11-14 - The superior sacrifice

O. What did the sprinkling of blood achieve in the OT? (v13)

O. What does the blood of Jesus achieve for us now? (v14)

I. Which is harder? What is the difference? Can you come up with a diagram that demonstrates these differences?

A. How should we respond to Jesus sacrifice? (v14)

Hebrews 9:23-28 - Jesus sacrifice once for all

O. Where did Jesus go to offer the sacrifice for our sins? (v24)

I. What are the differences between Jesus offering and the priests in the OT?

A. Having been saved from the punishment for sin, what do we now wait for Jesus to do? (v28)

Read Hebrews 10:11-18 - Salvation complete

I. Who does the work of saving us in v11-18? Re-read verses 11-18 together aloud putting an emphasis on every "he", "his", "I" (as in God).

A. Is there anything more we can or need to do to have our salvation secured? (v18)

Prayer and Thanksgiving

Thank God that you have been purified of your sin by being washed in Jesus' blood.

[trek] introduction

[trek] is a daily tour guide to help you journey into the bible. It's aims are to:

t - train you to live God's way

r - remind you God is the one who saved you, through Jesus

e - encourage you to tell others about Jesus

k - know the truth so you can't be tricked by lies

[trek] is all about journeying into the bible because it is only in the bible that God speaks to us clearly and completely. When we read the bible, we are hearing what God has to say to us today. That is a seriously special thing! So get into it.

Reflections or questions I have...

[trek] instructions

To get the most out of [trek], work out a time each day when you can read the bible using [trek] for 5-10 minutes (by all means read for longer). There are 5 readings. Here's how we suggest you use [trek] each day:

- 1) Ask God to help you understand this part of the bible.
- 2) Read the part of the bible for that day.
- 3) As you think about the passage, answer the questions. (Writing may help)
- 4) Thank God & ask him to help you obey what this passage says.
- 5) Put what you've learnt into practice in your life.

NOTE: Much more can be said about each passage... you may use the "reflections or questions I have..." box for further thought.

TREK Year 9 Term 1 Week 5 - Responding to Jesus' Great Offer of Salvation - Hebrews 10:19-36

THE BIG PICTURE OF HEBREWS:

Who was Hebrews written to?? A bunch of Jews who became Christian
 What were they warned against? Going back to the old way of life -Judaism
 What were they encouraged to do??? Keep persevering in Jesus
 Why??? Because Jesus is simply the BEST!!

This week we will see how the writer to the Hebrews encourages his readers to keep persevering in Jesus. In chapter 11 we see a whole bunch of old people who have gone before them. They are kind of like a cheer squad inspiring these Christians to KEEP GOING!!!

■ [trek day 1] Don't shrink back! [Hebrews 10:19-39]

Read Hebrews 10:19-25

- > Why do we have confidence to enter the Most Holy Place? (v19)
- > What can we now do? (all the Lettuces... that is 'Let us...')
- > How does vv24-25 help you to think about why we meet at youth group?

Pray in response to v24 & 25.

■ [trek day 2] Don't shrink back! [Hebrews 10:19-39]

Read Hebrews 10:26-39

- > What does vv32-34 tell us about how they first received the goodnews of Jesus?

Something has happened. They are in danger of throwing away their confidence in Jesus.

- > What are the encouraged to do in vv35-39?

Ask God that he'd help us not to shrink back but to keep persevering in Jesus.

■ [trek day 3] Live by faith! [Hebrews 11:1-12:3]

Read Hebrews 11:1

- > What is faith?
- > What are some other words for faith?

Praise God that he is trustworthy and ask him that he would help you to have faith in him.

■ [trek day 4] Live by faith! [Hebrews 11:1-12:3]

Read Hebrews 11:1-40

- > List the names of all the heroes of faith from the OT mentioned here.
- > What did they have in common?

Thank God for those who have gone before us and lived by faith.

■ [trek day 5] Live by faith! [Hebrews 11:1-12:3]

Read Hebrews 12:1-3

- > How are we to run the race?

Year 9 Term 1 Study 5 - Hebrews 10:19-36 - Responding to Jesus' Great Offer of Salvation

Youth Study

Overview

As a result of the salvation held out to us through Jesus blood shed on the cross and his resurrection to new life we are to seek to live for God?

Opener

Every action has a reaction. Which of these which comes first? Can you think of more?

- Sunburn or the sun
- Rain or grass growing
- Laughing or joking
- Love or marriage

Hebrews 10:19-25 - First Things First

O. As Christians we are no longer cut off from God because of sin. What reasons does this passage give for why can we can now draw near to God? v19-21

I. How does (1) Jesus atoning blood and (2) Jesus resurrected body help us draw near to God?

I. Why can we have hope that God will be faithful to his promises to save us? v23

A. In the light of the hope of salvation from our sin through Christ, what things does the passage say we are to do? v24-25 (hint let us...)

I. In this passage what comes first, living as a Christian or salvation through Christs death on the cross for our sins and raising to life?

A. Is there anything we need to do ourselves to have assurance of eternal life?

Hebrews 10:26-31 - A warning

I. What is the result of deliberately living in rejection to God after having heard the gospel?

A. Does this suggest that our salvation is conditional on what we do?

Hebrews 10:32-36 - An encouragement from your past

A. Having been reminded of the seriousness of judgement for those who wilfully live in disobedience, the Hebrews are reminded about the way that their lives have already shown evidence of a changed life through Christ. What things can we be encouraged to do in the light of how the Hebrews have lived?

Prayer and Thanksgiving

Ask God to help you to live a change life in response to the offer of salvation held out in the death and resurrection of Jesus as the payment for sin.

[trek] introduction

[trek] is a daily tour guide to help you journey into the bible. It's aims are to:

- t** - train you to live God's way
- r** - remind you God is the one who saved you, through Jesus
- e** - encourage you to tell others about Jesus
- k** - know the truth so you can't be tricked by lies

[trek] is all about journeying into the bible because it is only in the bible that God speaks to us clearly and completely. When we read the bible, we are hearing what God has to say to us today. That is a seriously special thing! So get into it.

Reflections or questions I have...

[trek] instructions

To get the most out of [trek], work out a time each day when you can read the bible using [trek] for 5-10 minutes (by all means read for longer). There are 5 readings. Here's how we suggest you use [trek] each day:

- 1) Ask God to help you understand this part of the bible.
- 2) Read the part of the bible for that day.
- 3) As you think about the passage, answer the questions. (Writing may help)
- 4) Thank God & ask him to help you obey what this passage says.
- 5) Put what you've learnt into practice in your life.

NOTE: Much more can be said about each passage... you may use the "reflections or questions I have..." box for further thought.

TREK Year 9 Term 1 Week 6 - Hebrews 11:1-12:3 - The Greats of Jesus' All Stars Team

THE BIG PICTURE OF HEBREWS:

Who was Hebrews written to?? A bunch of Jews who became Christian
 What were they warned against? Going back to the old way of life -Judaism
 What were they encouraged to do??? Keep persevering in Jesus
 Why??? Because Jesus is simply the BEST!!

This week we will see how the writer to the Hebrews encourages his readers to keep persevering in Jesus. In chapter 11 we see a whole bunch of old people who have gone before them. They are kind of like a cheer squad inspiring these Christians to KEEP GOING!!!

■ [trek day 1] Live by faith! [Hebrews 11:1-12:3]

Read Hebrews 11:1

> What is faith?

> What are some other words for faith?

Praise God that he is trustworthy and ask him that he would help you to have faith in him.

■ [trek day 2] Live by faith! [Hebrews 11:1-12:3]

Read Hebrews 11:1-40

> List the names of all the heroes of faith from the OT mentioned here.

> What did they have in common?

Thank God for those who have gone before us and lived by faith.

■ [trek day 3] Live by faith! [Hebrews 11:1-12:3]

Read Hebrews 11:1-40

> All these people were prepared to suffer terrible loss. Why?

Thank God for the example of those who showed their trust in God by entrusting themselves to him even in times of difficulty. Pray for Christians around the world who suffer for their faith that they would entrust themselves to God's loving care and hope in salvation.

■ [trek day 4] Live by faith! [Hebrews 11:1-12:3]

Read Hebrews 12:1-3

> How are we to run the race?

Pray from the passage.

■ [trek day 5] Live by faith! [Hebrews 11:1-12:3]

Read Hebrews 12:1-3

> Seek to meditate on and memorise these verses.

Pray from the passage.

Year 9 Term 1 Study 6 - Hebrews 11:1-12:3 - The Greats of Jesus' All Stars Team

Youth Study

Overview

Through this passage we see the example of Old Testament believers who put their trust in God's promises. Through these examples we see what the outworking of faith looks like, dependence on God that he will fulfil his promises even when reason may seem otherwise. These characters are not saved because of their action however its through their faith which is God's act of grace that they are saved.

Opener

In groups look at one of the characters listed in Hebrews Chapter 11. Put together a short skit to perform for your group that outlines some of the ways in which the life of one of these characters demonstrates their trust/faith in God for their salvation. Some ideas of how to do this might be in a television interview (eg Oprah), in a news coverage or a re-enactment of some of the events that demonstrated their faith with a commentary etc. Some of the characters could be:

- Noah: Hebrews 11:7, 13-16
- Abraham: Heb 11:8-19
- Moses Heb 11:23-29, 13-16
- Rahab Heb 11:30-31, 13-16

Hebrews 11:13-16

I. How do these and other heroes of the faith demonstrate that "faith is being sure of what we hope for and certain of what we do not see?"

I. The people in this passage are described as being aliens and strangers in the world. What explanation does the passage give for why they considered themselves to be aliens? v16

A. What would it look like for you to live as if this world was not your home?

Hebrews 11 -39-40

I. How is our life different from those outlined in this passage? What is the big difference?

A. Unlike the Old Testament characters discussed we have seen the full outworking of our faith in the life, death and resurrection of Jesus. How does the v40 describe the impact of Jesus on us? Can we expect to be made fully perfect now? Why/ Why not?

Hebrews 12 :1-3

A. What should be our response to those in this passage along with other Christians who have come before us?

A. What things in your life can show that you are living according to your trust in Jesus?

Prayer and Thanksgiving

Thank God for the example of those who showed their trust in God by entrusting themselves to him even in times of difficulty. Pray for Christians around the world who suffer for their faith that they would entrust themselves to God's loving care and hope in salvation.

[trek] introduction

[trek] is a daily tour guide to help you journey into the bible. It's aims are to:

- t - train you to live God's way
 - r - remind you God is the one who saved you, through Jesus
 - e - encourage you to tell others about Jesus
 - k - know the truth so you can't be tricked by lies
- [trek] is all about journeying into the bible because it is only in the bible that God speaks to us clearly and completely. When we read the bible, we are hearing what God has to say to us today. That is a seriously special thing! So get into it.

Reflections or questions I have...

TREK Year 9 Term 1 Week 7 - God's Great Love for His Children through Jesus - Hebrews 12:4-28

THE BIG PICTURE OF HEBREWS:

*Who was Hebrews written to?? A bunch of Jews who became Christian
 What were they warned against? Going back to the old way of life -Judaism
 What were they encouraged to do??? Keep persevering in Jesus
 Why??? Because Jesus is simply the BEST!!*

■ [trek day 1] God disciplines his children [Hebrews 12:4-13]

Do you enjoy being disciplined by your parents? Most people don't, but afterwards (and maybe when you grow up a bit more) you appreciate that they have done it out of love for you.

Read Hebrews 12:3-13

> Why does God discipline us? (v10)

Pray that you God would help you to endure hardship.

■ [trek day 2] Don't refuse God! [Hebrews 12:14-28]

Read Hebrews 12:14-17

- > What are they encouraged to do?
- > What are they warned against?

(Read Genesis 25:29-34 if you want to find out about Esau selling his inheritance and rights as the first born for a bowl of soup!!!)

Ask God that He would help you to be holy.

■ [trek day 3] Don't refuse God! [Hebrews 12:14-28]

Read Hebrews 12:18-24

There are 2 mountains spoken about here. The first one represents the Old Covenant given at Mount Sinai (the 10 commandments etc...) and the 2nd one represents the New Covenant.

> What are the differences between the two?

Praise God for the New Covenant that comes through the blood of Jesus.

■ [trek day 4] Don't refuse God! [Hebrews 12:14-28]

Read Hebrews 12:25-29

> What's the warning in this passage?

Thank God that we are receiving a kingdom that can't be shaken and ask him that he'd help you to worship him with reverence and awe.

■ [trek day 5] Don't refuse God! [Hebrews 12:14-28]

Read Hebrews 12:14-29

- > What are the warnings? (don't do this)
- > What are the encouragements? (do this)

Pray from the passage.

[trek] instructions

To get the most out of [trek], work out a time each day when you can read the bible using [trek] for 5-10 minutes (by all means read for longer). There are 5 readings. Here's how we suggest you use [trek] each day:

- 1) Ask God to help you understand this part of the bible.
- 2) Read the part of the bible for that day.
- 3) As you think about the passage, answer the questions. (Writing may help)
- 4) Thank God & ask him to help you obey what this passage says.
- 5) Put what you've learnt into practice in your life.

NOTE: Much more can be said about each passage... you may use the "reflections or questions I have..." box for further thought.

Year 9 Term 1 Study 7 - Hebrews 12:4-28 - God's Great Love for His Children through Jesus

Youth Study

Overview

God is our loving saviour and Lord who cares for us and wants us to grow to maturity in Christ. Sometimes this may involve discipline through hard times which in his grace God helps us to persevere through. In trusting in God for salvation as demonstrated by persevering in the Christian life, God promises the gift of eternal life through Jesus sacrifice on the cross.

Opener

What are some of your parent's favourite punishments for when you or your siblings go wrong? Why do you think parents punish their children?

Hebrews 12: 4-13 - How God shows his love

O. Some responses to suffering might be the view that a) God has lost control or b) God is against us. What does the passage say about this?

I. What does it mean in verse 6 that God accepts everyone as a son? Why can we be called God's sons?

I. There are some apparent down sides to God's loving discipline but what are some of the upsides? Read also Romans 5:3-5

A. How has this passage challenged/changed your view on suffering in the Christian life?

Hebrews 12: 14-16 A warning and an encouragement

O. What things are we warned about here?

I. Read Genesis 25:29-34. What are some of the differences between Esau and some of the all stars of the Christian faith that we looked at before? Who should we seek to be like?

A. How much is your Christian life worth to you? Is there a cost that it can be sold at? What are things that could cause you to wander from God now? In the next 5 years? In the next 50 years?

Prayer and Thanksgiving

That you would persevere in the Christian life so that on the last day by God's grace you would receive the gift of eternal life through Jesus sacrifice on the cross for you.

[trek] introduction

[trek] is a daily tour guide to help you journey into the bible. It's aims are to:

t - train you to live God's way

r - remind you God is the one who saved you, through Jesus

e - encourage you to tell others about Jesus

k - know the truth so you can't be tricked by lies

[trek] is all about journeying into the bible because it is only in the bible that God speaks to us clearly and completely. When we read the bible, we are hearing what God has to say to us today. That is a seriously special thing! So get into it.

Reflections or questions I have...

[trek] instructions

To get the most out of [trek], work out a time each day when you can read the bible using [trek] for 5-10 minutes (by all means read for longer). There are 5 readings. Here's how we suggest you use [trek] each day:

- 1) Ask God to help you understand this part of the bible.
- 2) Read the part of the bible for that day.
- 3) As you think about the passage, answer the questions. (Writing may help)
- 4) Thank God & ask him to help you obey what this passage says.
- 5) Put what you've learnt into practice in your life.

NOTE: Much more can be said about each passage... you may use the "reflections or questions I have..." box for further thought.

TREK Year 9 Term 1 Week 8 - The Great Life in Jesus - Hebrews 13

THE BIG PICTURE OF HEBREWS:

Who was Hebrews written to?? A bunch of Jews who became Christian
 What were they warned against? Going back to the old way of life -Judaism
 What were they encouraged to do??? Keep persevering in Jesus
 Why??? Because Jesus is simply the BEST!!

Chapters 1-12 of Hebrews are jam packed with chunky theology... that is... stuff about God. In the context of all that chunky stuff about God, chapter 13 closes with a bunch of ways that the Christian ought to live differently.

■ [trek day 1] Life together [Hebrews 13:1-25]

Read Hebrews 13:1-6

- > How are Christians to love one another? (vv1-3)
- > How are Christians to treat marriage and money? (vv4-6)

'Never will I leave you, never will I forsake you.'

- > How does this help you to keep going in the Christian life?

Pray from the passage.

■ [trek day 2] Life together [Hebrews 13:1-25]

Read Hebrews 13:7-10

- > What do you think it means to remember your leaders?

Pray for your leaders. Thank God that they brought the word of God to you and ask God that they would live godly lives that you can copy.

■ [trek day 3] Life together [Hebrews 13:1-25]

Read Hebrews 13:11-14

- > What do you think your life will like if you are looking forward to the city that is to come? (v14)

Pray that it would be so.

■ [trek day 4] Life together [Hebrews 13:1-25]

Read Hebrews 13:15-17

- > What type of sacrifice does God want of us?

Praise God for what he has done for us in the death and resurrection of our Lord Jesus Christ.

■ [trek day 5] Life together [Hebrews 13:1-25]

Read Hebrews 13:18-25

- > Read through the prayer and pray about all the things that you have learnt this term. You might like to write some of them down.

Year 9 Term 1 Study 8 - Hebrews 13 - The Great Life in Jesus

Youth Study

Overview

God saves us through Jesus for the purpose of living a changed life through him.

Opener

How do people sometimes react to rules that are handed down? Can you give some examples?

Hebrews 13:1-9 and Hebrews 13:15-21 - Final instructions to sum it all up

O. Being the final chapter of the book the writer seeks to bring together and apply the teaching of the proceeding book in its entirety. This is seen in this final chapter where a number of instructions are given about Christian living. Following the table below talk about instruction on Christian living and discuss the reason given in the passage for why we should apply that behaviour?

Instruction	Reason
v2 Show hospitality	
v3 Remember those in prison	
v4 Honour marriage	
v5-6 Don't love money	
v7-8 Remember your leaders	
v9 Don't follow incorrect teaching	
v15 Offer sacrifice to God	
v16 Do good and share what you have	
v17 Obey your leaders	

A. For each of these things, how will this show in the practical application in your life now and into the future?

Hebrews 21:20-21 - Living in response to salvation

I. What is the relationship between salvation and good works as outlined in this passage? Draw a Diagram to show this relationship also read Ephesians 2:8-10.

I. Look back over the previous studies how does this relate to the things discussed week by week in these studies.

A. How does verse 21 say that it is even possible for us to even seek to do these things at all?

Prayer and Thanksgiving

Thank God for his offer of grace through Jesus' death on the cross which does the following:

1. Turns our hearts back to trust in Jesus for our salvation;
2. Provides the means by which we can relate to God now and for eternity; and
3. Strengthens us to live the way that God wants us to.